

# Southside Catholic Conference

## *Basketball Rules 2009/2010*

### **General Rules:**

IHSA rules for basketball will be followed with the following exceptions.

- A) Forfeit time is 10 minutes after the scheduled start time.
- B) Five (5) minutes are allowed between the end of one game to the beginning of the next game.
- C) In the 5<sup>th</sup> grade division, each quarter will run for seven (7) minutes, with the clock stopping only during the last minute of each half, penalty shots and timeouts. In all other divisions, games will be played in four (4) quarters of six (6) minutes each, with the clock stopping on all stoppages of play. All games will be allowed five (5) minutes at halftime.
- D) The game clock stops for all whistles during 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade games.
- E) Three (3)-points shots are allowed at all levels.
- F) For 5<sup>th</sup> grade boys and all girl divisions, a basketball the size of 28.5 will be used.
- G) There will only be one overtime period in 5<sup>th</sup> grade.
- H) Each team will have 4 time outs per game.

### **Press Rules:**

- 5<sup>th</sup> grade: No press will be allowed until the final two (2) minutes of each half and any overtime period. Defenders will be 7 feet back off the half court line to allow offensive players with the ball to cross half court. Also, the no-press rule is in affect if a team is leading by 12 or more points. The leading defensive team will be confined to inside the 3-point circle line when a team has reached this lead.
- 6<sup>th</sup> B grade
- 6<sup>th</sup> A grade: Full court press is allowed at any time except by a team leading by 15 or more points. The leading defensive team will be confined to inside the 3-point circle line when a team has reached this lead.
- 7<sup>th</sup> & 8<sup>th</sup> grade: Full court press is allowed at any time except by a team leading by 20 or more points. The leading defensive team will be confined to inside the 3-point circle line when a team has reached this lead.

### **Bonus Shots:**

- 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> grade: Players will follow IHSA guidelines regarding foul shots.